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New Physicians join Orthopaedic and Neurosurgery Specialists

Specialists in foot and ankle surgery and physiatry added to growing practice

GREENWICH, CT – ONS, (Orthopaedic and Neurosurgery Specialists) on Valley Drive has announced that orthopedic surgeon Sean Peden, MD and interventional physiatrist Christopher Sahler, MD have joined the ONS team.

Dr. Peden earned his medical degree at Washington University in St. Louis School of Medicine. He did his residency in orthopedic surgery at The George Washington University in Washington, DC and completed fellowship training in operative and non-operative care of the foot and ankle at Michigan International Foot and Ankle Center, Pontiac, MI.

Dr. Peden has expertise in treating a variety of foot pain and deformity related conditions including Achilles tendonitis, ankle instability, cartilage injuries, bunions and hammer toes. His practice will also focus on youth athlete sports injuries and the types of injuries seen in field athletes, gymnasts and ballet dancers.

Dr. Sahler completed his residency in physical medicine and rehabilitation at the Mount Sinai Hospital in Manhattan where he was elected Chief Resident. He continued his training at the Mount Sinai to complete a fellowship in sports medicine and interventional spine treatments. During that time, he also served as team physician for the Globe Institute Junior College sports teams, and was a physician and team captain for the New York City Marathon. He is board certified in sports medicine.

Dr. Sahler uses biomechanical assessments and diagnostic ultrasound to determine the precise source of a problem. He applies non-operative modalities to treat musculoskeletal injuries and restore proper function including ultrasound and X-ray guided steroidal injections, viscosupplementation and PRP (Platelet Rich Plasma) to treat pain and restore proper mobility.

“We are pleased to bring two new sub-specialty trained physicians into our practice to meet the growing demand for musculoskeletal care in Fairfield and Westchester counties,” said Dr. Seth Miller. “Dr. Peden and Dr. Sahler are highly trained and will be great assets to our practice.” Both doctors are in network with Aetna, Oxford/United Healthcare, and Yale New Haven Anthem.

Two events at Greenwich Hospital this fall will feature the new physicians. On **Tuesday, December 2**, from 6 to 7 p.m., Dr. Sahler will speak about Exercise as a treatment for chronic pain. On **Tuesday**,

December 9, from 6:30 to 7:30 p.m., Dr. Peden will talk about Solutions for Foot and Ankle Pain; Beyond foot massage. Both talks will be held in the Noble Conference Center and are open to the public.

For more information and a list of published research by Dr. Peden and Dr. Sahler, please visit our website at www.ONSMD.com.

ONS is an advanced multi-specialty orthopedic and neurosurgery practice serving patients throughout Fairfield and Westchester Counties and the New York Metropolitan area. ONS physicians provide expertise in the full spectrum of musculoskeletal conditions and injuries, sports medicine, minimally invasive orthopedic, spine and brain surgery, joint replacement and trauma. For more information, visit www.onsmd.com, or call (203) 869-1145.

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