

FOR IMMEDIATE RELEASE

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Accomplished Orthopedic Surgeon joins ONS Sports Medicine Team

GREENWICH, CT – Orthopaedic and Neurosurgery Specialists (ONS) on Valley Drive has announced that orthopedic surgeon and fellowship trained sports medicine specialist Marc Kowalsky, MD has joined the ONS team. **Dr. Kowalsky** has expertise in conservative and operative treatments of upper and lower extremity sports injury, as well as complex shoulder and elbow pathology including degenerative disease, and trauma. He has a particular interest in the management of shoulder and elbow arthritis, instability, rotator cuff tears, labral injury, and cartilage disorders.

Dr. Kowalsky looks for rehab-focused, non-operative solutions whenever possible, recommending surgery when it will be most effective. His goal is to return patients quickly, safely and fully to their best function and performance.

Dr. Kowalsky earned his medical degree at Tufts University School of Medicine, Boston, MA where he also earned an MBA in Health Management. He did his residency in orthopedic surgery at Columbia University Medical Center, New York Orthopaedic Hospital in New York, NY. He also completed fellowship training in shoulder and elbow surgery at Washington University School of Medicine, Saint Louis, MO and in sports medicine at Lenox Hill Hospital, Nicholas Institute of Sports Medicine & Athletic Trauma, New York, NY.

He has authored original research manuscripts, review articles, and textbook chapters focusing on AC joint reconstruction, rotator cuff repair, and shoulder replacement. He currently serves as a reviewer for the Journal of the American Academy of Orthopaedic Surgery and the Journal of Shoulder and Elbow Surgery.

“Dr. Kowalsky will be a great asset to our practice as we meet the growing demand for musculoskeletal care in Fairfield and Westchester counties,” said Dr. Seth Miller. “His high level of training and accomplishments reflect the ONS standard of offering the highest level of care possible to our patients.” He is in network with Aetna and Oxford/United Healthcare.



An event at Greenwich Hospital will feature Dr. Kowalsky on **Thursday, March 12**, from 6:30 to 7:30 p.m. He will discuss common causes of shoulder pain, rotator cuff tears and shoulder arthritis, and the best treatments to address these conditions. The talk will be held in the Noble Conference Center and is free to the public.

For more information and a list of published research by Dr. Kowalsky, please visit our website at www.ONSMD.com.

ONS is an advanced multi-specialty orthopedic and neurosurgery practice serving patients throughout Fairfield and Westchester Counties and the New York Metropolitan area. ONS physicians provide expertise in the full spectrum of musculoskeletal conditions and injuries, sports medicine, minimally invasive orthopedic, spine and brain surgery, joint replacement and trauma. For more information, visit www.onsmd.com, or call (203) 869-1145.

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